University of Science & Philosophy
Announcement of Purpose and Objective

A World-Wide Home Study University for Self-Transcendence
With Home Study Course Information

by Walter and Lao Russell, Founders

Our University of Science and Philosophy is devoted exclusively to the Science of Spiritual Man. The conventional university prepares its youth to meet the mechanical and physical conditions that arise from the operation of an industrial, political and economical system, which demands vast stores of statistical information, techniques and material knowledge to build a material structure.

Thinking and Knowing
The tendency of past educational processes has been to teach children to remember and repeat instead of to think and know. This has caused educational institutions to develop the brain and its sense reflexes, rather than the Mind and its inspirations received from the Light of the Creator, which centers all men.

It is time man learned that he is a mental entity with a physical body created to manifest God's Mind. Today the generally prevalent concept of man is quite the opposite: it places body first and "educates" man's senses in all manner of skills and techniques. This does not help him to unfold the Inner Light of omnipotent power which each has, within, from birth. One of the main reasons for this is that few people are aware of their Divine Inheritance.

Genius Inherent in Everyone
Most people think of geniuses as specially born creatures whom they can never be like. They do not realize that every man is born with all that God has to give, and that the only difference between themselves and the greatest genius in the world is their measure of God-awareness. In the present stage of man-in-the-mass, there is very little God-awareness.
It is high time that the gifted child is recognized and prepared for leadership in the arts, sciences, industry and statesmanship. We must cultivate imagination and inspiration rather than memory. The day has come when many more cultured gentlemen and gentlewomen must again be seen in the streets of our cities and fill our drawing rooms, enriching our civilization to the high standards of the beginning of this century.

This is another reason why such an institution as ours is needed. It cannot fail to act as a leavening process for the upliftment of other educational systems toward the spiritual man and away from gross materialism. Men and women whose minds are illumined with the Light of higher cosmic knowledge will give to civilization that grace and charm which are the natural attributes of cultured thinkers. Our university recognizes man as a divine entity who vitally needs spiritual food for his Mind, in excess of encyclopedic information for his brain. The accepted concept of higher education is a more intense, empirical, physical knowledge, whereas higher knowledge is, in reality, the recognition of the cosmic Light which opens the door to awareness of man as a cosmic, spiritual entity.

The fruit of higher material knowledge is the making of man into a better machine, whereas the fruit of higher cosmic knowledge is the glorification of man as co-creator with God. That is why the curriculum of our university must be quite the opposite of the curriculums of the conventional educational institutions. We have hundreds of conventionally educated engineers, doctors, lawyers, industrialists, and others in all walks of life who leap suddenly ahead when they awaken their cosmic, divine basis through the study of this university’s teachings. Hundreds of these newly exalted students write us that they have been searching all their lives for what they have found in our teachings, and many have said: “I have learned more in these few months of study of your Home Study Course than I gained in years of university study.”

Cosmic Knowledge is Within

There is a profound reason for this. Each man who thus transforms himself is beginning to find that the well of cosmic knowledge is within himself, not outside of himself. The discovery of the Light which centers the consciousness of every man is the greatest miracle that can happen to any man. To help every man to awaken that omniscient Light, which centers his consciousness, is the purpose of this university. The method of accomplishing that purpose is through self-education of individuals rather than through mass education, which submerges individuality. Self-awareness can come only through aloneness of each Self with the One Soul of the universe. The super individual or Person or Being can emerge only from, and through his Self and his mate Self. Fortunate is the one who finds his mate Self to help both unfold as one balanced whole.

Cosmic Illuminates

One who has become “awakened” to the Light of God-awareness in himself is known as an Illuminate. One who is thus illumined by that divine Light has become conscious of the Cosmos. His Mind has become universal instead of limited to what he sees, hears and thinks. Illumination into Cosmic Consciousness is the ultimate goal of the human race. A rare few have already reached that stage during the 10,000 years of human history. It is time, therefore, that a university should be founded whose sole purpose is to help those who feel the cosmic urge within them to know how to further unfold it. The entire curriculum of this university is patterned to that one objective.

The Genius Thinks Inwardly

So many ask us what the difference is between cosmic thinkers, who are called geniuses, and the average person. The difference is that every genius is aware of the inner divine Light of his Soul-Self, for he thinks inwardly toward that Light. He thus becomes a deep well of inspired knowledge which flows through him to create immortal gifts for the world. The creations of genius are immortal and endure forever, while sensed-created works of mass-man are soon forgotten. The average man thinks outwardly from himself through his senses. His education is acquired through what his senses see and hear, and the standard of his intelligence quota depends upon how much his senses can remember and repeat. The creator gives us great ideas; the copyist makes use of great ideas in the measure of his ability to remember and repeat them.

The creative genius leads the world and is the greatest power in it, though he may be as penniless as Leonardo. The measure of world culture, power and leadership is Mind measure, and not a sensed one. The conventional educational processes can create millions of robot repeaters who eventually become gears in the world’s economic or industrial machine, but the world’s
greatest men have come out of obscurity through discovery of the Light within themselves. Practically all Illuminates and geniuses acquire their knowledge cosmically; therefore, a conventional education is not necessary. Even the greatest of university men, who have become leading statesmen, industrialists, scientists, inventors, engineers, doctors or lawyers, found their leadership through inspiration which came to them in the quiet hours of meditation when they were knowingly or unknowingly in communion with God.

**Cosmic Knowledge**

An average number of conventionally educated thousands rise above the process of trying to acquire knowledge through their senses and become great thinkers. Inspired idea comes timelessly, like a flash of light from the blue, whenever a man is enabled to turn his eyes inwardly and see with inner vision. This is what is meant by acquiring knowledge cosmically. One should bear in mind that all knowledge is based upon IDEA, and that idea can never be taught by conventional educational methods. One should realize that IDEA is the product of Mind, and not of the senses.

Conventional educational methods are patterned only to imitate other peoples’ ideas through sensed memories of words, which but describe idea. They are not patterned to help young people create ideas of their own. When man has a flash of inspiration he is talking with God, but does not realize it. He may be in his factory when it happens, or in deep meditation in his home, but when it does happen, he has thus transformed himself from the status of a sensed-observer to the status of Mind-thinker and knower.

**Intuition**

The first symptom of this higher cosmic thinking is commonly referred to as intuition, but ages have passed without a satisfactory explanation of that word. Perhaps the most simple explanation of it is that the Inner Voice of the One God is trying to reach through Soul perception to Mind awareness. Many leaders who are strongly intuitive tell you that they “have a hunch,” not realizing that they are thinking with their spiritual Mind instead of sensing with their brain.

All down the ages, the seekers of Light have asked of Illuminates: “How can I be illumined with the Light?” They asked it of Buddha, and he instructed his disciples in language which they could apply. Krishna enlightens Arjuna in The Bhagavad Gita, but his words often prove beyond men’s comprehension. All down through the centuries the world has known its great Illuminates and many more hundreds of geniuses.

**Mystics & Geniuses**

Whatever culture, righteousness, morality and creative power that has existed in the world has come through its great Illuminated mystics and geniuses, until much of the world blacked out for several centuries of the Dark Ages because of the crucifixion of Love as represented by the Christ and the Soul of man. Then came the great rebirth of many geniuses and a few Illuminates for five centuries, right up to the end of the 19th Century, when, once more, man decided to crucify Love and genius in man in favor of exalting the money ideal by greed, and by harvesting its fruits of hate, fear and war. Man must some day learn that Love comes into the world, and goes out of it, in the measure in which Soul-culture increases or decreases. Even since the year 1900, world genius and culture have been disappearing, while crime, sex promiscuity and man-killing have been increasing in a world of which a large part even denies God.

This is the state of our world today. It is now in the beginning of another Dark Age and nothing will save it except a reversal of human relations to a standard which places spiritual and mental values ahead of money values. Many intelligent people the world over realize that there has been a deterioration in industry, government and other institutions, for moral security has disappeared into a world state of fear. For these very reasons, Alexis Carrel said that the greatest necessity of this age is a university devoted exclusively to the Science of Man. Edwin Markham said: “In vain do we build the city if we do not first build the man.”

There is one thought which has been overlooked, however, in relation to a rebirth of fallen civilizations. That thought is that civilizations fall through the degradation of millions, but when they rise again it is because of the immortality of the very few who cannot be touched by degradation. These few we have among us always. Their untouchable love nature is the glory of mankind, for it is impossible for a righteous, cultured gentlemen, who has known the Light of his inner Self, to compromise with depravity under any circumstances. This is what we mean by the word ‘untouchable.’ A lover of beauty cannot be touched by ugliness, nor can a cultured, righteous man be touched by mass degradation.
Renaissance of Civilization

The great hope for a Renaissance of our civilization lies, therefore, in awakening more and more material sensed-thinkers to cosmic-awareness of the inner Light from which their culture and sense of beauty comes. This is another reason for the need of such a university as ours, which exists for the sole purpose of increasing the numbers of the immortal FEW.

The fact that our present civilization has fallen to a dangerously low level during this century is undeniable. Few realize that the main cause is that no civilization can ever endure which is man dominated. Our warring world of fear, hate and man-killing is the physical expression of the male of the species who seeks power through conquest. It is the innate nature of woman to give love and life. Nature's law of balance and equal mate-hood has never yet entered the consciousness of the world at large, but until it does, and mankind learns that great lesson of absolute equality of spirituality balanced mate-hood and gives expression to it in every human institution, he will never know the happiness of an enduring civilization, which alone can come from obeying Nature's inviolate law of equality between all of its created pairs.

Law & Philosophy

The Natural Law and Living Philosophy, which is embodied in the teachings of our university, patterns a way of life which includes a full comprehension of Nature's scientific ways and processes. Balanced mate-hood is as fundamental a law of Nature as the law of science which says that action and reaction are equal and opposite.

Cosmic Messengers

Our university has been made possible only because God illuminated us with the necessary knowledge to tell others how to find the Light of their immortality. Our entire lives have been patterned for that purpose, and at every step we were constantly taught and rehearsed for the fulfillment of our destinies.

In spite of man's utter defiance of the inscrutable laws of Nature, destiny works out its patterns of human relations controlled by those laws. Truly God is patient, but every man on earth must some day come to God, though the agony of awaiting is man's own self-imposed torture. Thus it was that Lao Russell created this world university which Alexis Carrel said was the world's greatest necessity for the building of a stable civilization of righteous, cultured men and women. An ethical movement had grown from a seed sown by Herbert Spencer and the great American poets of the early 1870's, who at that time prophesied that within a hundred years our civilization would fall into another Dark Age. Walter Russell headed that great movement from 1895 to 1939 when World War II caused its cessation.

In 1946 Lao Russell merged her life work as an Illuminate with Walter Russell's and became the university's inspired leader. Together they set out upon the long road of preparing a comprehensive, complete curriculum, based upon their cosmically acquired knowledge of God's ways and processes, which would, for the first time in history, give to the world a university devoted solely to the unfoldment of Cosmic Consciousness in the human race, and thus bring full comprehension of the divinity of man to all men. The many long years of writing down their inspired teachings were not for this day and age alone. They were written down also for the ages ahead, so that when they pass on, the teachings will endure forever.

A Unique University

The outstanding value of the University of Science and Philosophy can better be understood by asking yourself how many thousands of average humans it would take to balance the value of one Rachmaninoff, or one Beethoven, Leonardo or Laotzu, or whether all of the automobiles ever manufactured could equal in value one Michelangelo, Lizst or Phideas.

One can better comprehend the power of one who is cosmically minded over one who is not by realizing that during all time there have been comparatively few great illuminates and geniuses, while, during the same period, there have been more than a hundred billion other humans. When you consider that there were but a few each century, and that all the great and enduring beauty of the ages came from those few, it is not difficult to estimate the value of one such genius or illuminate. The tragedy is that we have not learned the value of such men, and that our habit is to suppress and crucify them, instead of to glorify them. If you think of human values in this light you will realize the great need of a university for aiding man to become aware of his inner powers.

Unlike all other universities where students gather together in thousands for mass teachings, the University of Science and Philosophy has no resident student body. However, students are always welcome at the University headquarters for meditation and
inspiration. What they find here never fails to greatly uplift them. Many spend their entire vacation here, staying at nearby motels, hotels or tourist homes.

Seek Solitude to Study
Reading, writing and arithmetic can be taught to groups, but the inner Light of man cannot be awakened that way. Mass teachings reach the brain of man through his senses, but cosmic inspiration comes to man only when he has become enabled to sever the seat of sensation in his brain from the seat of Consciousness in his pineal gland, that minute portion of the body which has mystified the medical profession for centuries. Such a severance is possible at any time or any place, but rarely comes to any man or woman except while in seclusion and in deep meditation.

Just as it is necessary for a Beethoven to seek seclusion in order to write a Moonlight Sonata, so is it equally necessary for a searcher of the Source of inspiration to seek solitude to study our teachings, which lead to cosmic consciousness. For that reason our courses and books, which contain all of our curriculum, should first be studied at home and alone. Our courses are intended for a whole family, and students can consult together for reinstituting each other; however, they should first study alone, each one in the solitude which is necessary to escape from the senses. This ability to study alone, at home, also makes it possible to gain a powerful education in self-mastery and mass leadership, without having to take years away from home or business in order to gain such an education.

A Brief History
In 1948, we discovered a superb site for the university of our ideals high above the Skyline Drive in the Blue Ridge mountains of Virginia. This extensive estate has long been known by its American Indian name of Swannanoa, which means "Land of Beauty," and by its East Indian name (in Sanskrit) "The Absolute" or "The Mother of Heaven." This is the place where Lao Russell has created a Shrine of Beauty which from all over the world has drawn thousands of students and visitors who are inspired and uplifted by the spiritual and physical beauty of this mountain-top paradise.

As a first step we incorporated a non-profit education organization under the name of THE WALTER RUSSELL FOUNDATION and began the long years of preparation for the necessary curriculum and courses of study, which would slowly build a sufficient student body to become a university. Slowly at first, then with surprising rapidity, word went out from one to another of the many seekers for higher knowledge that what they sought could be found here. With encouraging swiftness this good news reached through to the very borders of our nation and Canada, and brought hundreds of seekers here for individual instruction, even while our now prepared curriculum was in embryo. With still more surprising swiftness, the news reached into the farthest corners of the West and the East: from the Gold Coast to South Africa; from New Zealand to Australia; and from Iran into Mohammedan Asia and European countries right up into Finland.

Universality of Teaching
Before our courses were fully finished we conducted oral classes and circulated our books as fast as they could be prepared and printed. The groups which came here for oral instruction were most unusual people. So universal became our teachings, and so free from dogmatic creed or belief, that one group included Chinese, Japanese, Mohammedans, Jews, Christian Scientists, Unity Members, Rosicrucians, Theosophists, ministers of different denominations, and many members of New Thought groups, all of whom were eagerly seeking the Truth and the path to the Light.

Christ of the Blue Ridge
In the second year of our growth we, together, sculptured the now famous Christ of the Blue Ridge, and erected it in Colossal size in our gardens, for the express purpose of reminding the world that the universe was founded upon Love and its Law of Balance. To symbolize this idea we engraved these four words upon it: "LOVE YE ONE ANOTHER." Thousands over the years have felt the inspiration and love which, like an aura of Light, ensouls that majestic figure.

Need For World Awareness
We have outlined the benefit of a university devoted to the spiritual man insofar as it applies to an individual. This description would not be complete if we did not describe its effects upon world civilization as a whole. A glance at our present world civilization depicts a world of materialistic men whose concept of values is based upon possessions; whose sense of
entertainment is based upon sense emotions; and whose concept of mankind is individualistic. Each man is a world unto himself, and each nation of men is a group of individuals like himself. Man’s sense of values has placed money as paramount, and human life as of no consequence if it stands in the way of individual or national empire building. As a consequence of the greed nature of man thus engendered by his materialistic concept of values, mankind has robbed, cheated and killed his fellow man.

Civilizations of sense-controlled, man-killing men have risen to high peaks of seeming wealth and power, only to fall again and again without having learned that the universe is ONE, and that ONE LAW governs all things. That one law upon which the universe is founded is the Law of Love. Reduced to a few words, the reason individuals or nations or whole civilizations fall is because they crucify Love. The CAUSE for the downfall of one man is the same as the downfall of the world of men.

As long as our civilizations are composed of men who prey upon each other in the belief that those upon whom they prey are separate and apart from themselves, so long will mankind slay himself for having crucified Love.

Man-killing, Love-crucifying civilizations will rise and fall as long as man remains a sensed creature who is unaware of the Light of his divine Self, which centers him. The great Teacher said: “Seek ye the kingdom of heaven which lieth within you.” These words have no meaning to man-in-the-mass.

Law of Love in Practice

There is, however, one out of every thousand to whom these words have deep meaning. These are the seekers of that Light “which lieth within.” These are the ones who have begun to hear and comprehend that Inner Voice of the Universal Mind, and who, from the moment of comprehending it as the Soul of the Universe, are not content until they find the open door through which they can walk to that Light of their Selves. These have begun to know the meaning of Love and practice its Law. From the moment of that discovery they cease to be individuals existing separate and apart from their fellow man. With that supreme discovery comes the realization of the Oneness of the whole human race, which is embodied in the teachings of universal brotherhood given to man by every mystic ever born. These seekers eventually find us after passing through many doors in their eager search for the Light they seek. And these are the ones for whom we have founded this university for the purpose of increasing the number of cosmic thinkers who know the meaning of Love and practice it. When man comprehends that his neighbor is one with himself, we will then begin to have a unified and happy civilization, which will endure forever.

Conclusion

We have pictured what the teachings of our university can do for you if you are ready for them and deeply desire the Light of cosmic knowledge. We have also pictured what the teachings could do as a leavener for our entire civilization. The words of this description will mean little to many and very much to the few among the many. If you find that these words have deep meaning for you, that is evidence that you have already heard that Inner Voice in small or great measure. It means that you are ready for the awakening of your own divinity and that you can, at your own will, transcend yourself if your desire for that glory is deep enough.

Our civilization has again fallen to its present lowest moral and cultural stage in all history because of its sense-controlled masses, against whose will the few cosmic conscious beings on earth have but little effect. The only way to reverse the downward trend is to increase the number of illumined to far exceed those whose souls are still enshrouded in the dark.

We have founded the University of Science and Philosophy to create a civilization based upon Love through knowledge of the Light. Each Soul whom it touches will be one more of the illumined upon which an enduring civilization will depend. Are you one of the illumined, or do you desire to be? We, the founders, look forward to the day when there will be legions of the illumined, even in our lifetime. When that day comes we shall then know that mankind will have at long last learned the great lesson of human unity, and universal brotherhood, through Love.

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For aeons mankind has been breaking the law in an endeavor to find happiness, wealth and power. Civilization has been built by the unbalanced power of might-over-right. Nations have enriched themselves by impoverishing other nations, expecting to find happiness by giving misery - expecting to attain power by depriving others of power. Without any exception, those who have broken the law have been equally broken by the law. Good, bad, evil, success or failure are not qualities of Nature. They are the product of man’s actions resulting from his thinking. The law of love is absolute in Nature. It has no relation to morality, religion, sin, good or evil. It is the cause of all effect. The effect has no reality. Cause alone is. God’s Mind is eternally ecstatic. No matter how unbalanced or unrhythmic is the interchange... that unbalance in them is balanced in God. “All men will come to Me in due time, but theirs is the agony of awaiting.” -- The Message of the Divine Plan
Dear Reader,

This course of study is written for those who have felt the deep urge within them to know that rare experience known as Cosmic Conscious Illumination, which comes only to those whose inner sensory perception is beginning to unfold. Those who are thus illumined, even if by but a flash of the Cosmic Light, reach the greatest heights of mental exaltation that it is possible for humans to know.

Many thousands in this day and age are on the verge of feeling the awakening of that divine spark of inner vision and inner knowing which sets them to seeking — seeking they know not what, nor where to look for that “something” that will satisfy their inner longing.

These thousands do not even comprehend the miracle which is happening to them. They do not realize that the Inner Voice of the One Universal Mind is awakening them to the Light of their eternal Selves and their Oneness with the eternal One. They are not even aware that they have begun their transformation from physical bodies to transcendent Beings. Many of them actually believe that spiritual sources, such as “ascended masters” are trying to reach the world through them. These do not realize that it is their own eternal Self who is the Source of their inspired communication.

These are the ones we wish to reach to increase the number of Illuminates in the world and thus raise the status of human intelligence and Mind power which alone will gradually unite the human race and bring universal happiness into the world. Such knowledge can be given only by Cosmic Illuminates which we both are. God brought us together for that very reason and that purpose. Illuminate alone know the secrets of the universe. All Illuminates have a very extended range of inner sensory perception, but consummate Illuminates, meaning those who have had many and deep cosmic illuminations, have a complete 360 degree range of the invisible light spectrum. This enables consummate Illuminates to “see” all the workings of Nature from their zero Source to their product in matter, and back to their zero Source. Such consummate Illuminates can “see” within the microscopic atom with inner vision as well as they can see a sun with outer vision. That is what is meant by the biblical statement which says: “Ye shall have an anointing — and ye shall know all things.”

Illuminates are limited to the knowledge that they can give out to others by the amount “which they (the others) can bear,” to quote the Nazarene. In our language we say “as much as people can comprehend,” for comprehension of new knowledge comes very slowly, even to highly inspired humans.

There is no limit, however, to the extent of knowledge which we can give you for your transformation. Your own limitations are set by your own ability to comprehend. That is why this course is a lifetime study, for you could not possibly comprehend it all in many years, unless you, yourself, become an Illuminate. You would then know all things timeless, as all Illuminates know all things timeless. Your comprehension will grow, but as God’s ways and processes are made known to you, you will find that His ways and processes are your ways and processes.

Inner sensory power will grow stronger with you each year. As your comprehension multiplies by much study followed by deep meditation and much aloneness with your Self and God, you will find yourself more and more enabled to control matter and events which affect your own destiny. Review this study course from year to year as you need reminders of its essence and preserve it carefully as your most priceless treasure, for the more you take it into your Consciousness, the more it will constantly enrich you with its treasure.

Life is continual transformation from our present state to a higher one. He who is able to become a higher being, each moment of his life, is among the transcendent ones who are ever nearing the portals of the Light which all men are forever seeking. The glory of becoming a transcendent being is the only reason for living. Without such a goal, life would have little meaning.

Knowledge is the only power which any man has in order to make himself superior to himself each succeeding day of his life. The great question is WHAT knowledge, and where to find it. The “knowledge” acquired in traditional education will give one culture and skills in various arts of expression. It will also transform one into a more powerful unit in world citizenry. However, the only knowledge which will exalt one to the high heavens of inspiration, and awaken that spark of divinity which is within every man, is the knowledge that tells him WHO he is, WHAT he is and WHY he is here on earth.
That is the kind of knowledge this course of study gives to those who deeply desire to live in the Light of complete understanding of their relation to God and man, and to thoroughly understand their Source of power in order to command that power for their own purposes. Every man on earth desires to be able to command the conditions which affect his life, rather than be a puppet who is buffeted around by those conditions. In order for any man to command his life, he must have full knowledge of whatever conditions may affect it. After knowing the conditions, he must learn to obey the laws governing them before he can command them.

Life is not easy. It is very difficult, but it can be made the supreme romance and adventure by one who knows the road and travels it in the light of knowledge, or it can become the supreme frustration and agony. The human race unfolds very slowly because it acquires knowledge very slowly. Hundreds of years pass, with but little progress in spiritual and intellectual advancement, during which mankind thinks that he is acquiring knowledge, but finds he is only acquiring skills. The skills may make a better material world, but do not make more powerful men.

Knowledge of skills and mechanical techniques does not help man to know about himself and his purpose on earth. That is what man should know in order to create a unified civilization. This electric age has given him a greater power to comprehend such knowledge, but has not given him the knowledge. There are countless thousands who are now ready and eager for transforming knowledge, but they do not know where to find it. This University exists for the sole purpose of giving that knowledge of man and his purpose on earth, and of his place in the universe, and of his relation to God. Only those who have been cosmically prepared can give this knowledge. God sends knowledge into the world as it is needed, and even before it can be comprehended. For thousands of years there has been knowledge of consummate measure upon earth which is not even faintly comprehended.

Three great world religions have been founded upon the very same knowledge which God sent to earth through three divine messengers, but the practices of those three religions are so entirely different that their followers have become different types of people.

There are not three kinds of knowledge but there can be innumerable misinterpretations of the same knowledge. The world is all awry today because it lacks the kind of knowledge it needs to make a balanced world. Likewise, thousands of individual lives are awry because they lack the kind of knowledge which will make it possible for them to balance themselves with God's universe. To "keep in tune with the infinite" requires much knowledge of the universe, and of God's ways and processes. In the final analysis, each individual is compelled to fulfill the conditions laid out for him by Nature. It is impossible for anyone to fulfill those conditions without knowing them. One might as well attempt to drive a car through New York City without knowing how to drive, or without knowing the city and its traffic laws, as to drive through life without knowing the machine which is man's body and the traffic laws of the universe.

The unfolding of the human race is so slow that few people realize that there are stages of that growth from man's low stage to his higher ones, which are as distinct as the next higher tone of an octave is distinctly different from the lower one from which it sprang.

Few people realize that each stage in a transition is so distinctly different that we name each one in steps, such as bronze age, stone age, dark ages, middle ages, the Renaissance age, the machine age, the radio and television age. That growth has ever been in the direction of the cultural and spiritual through the physical and material. It has ever been in the direction of Mind and Knowledge of CAUSE through the senses and EFFECTS of motion.

The human race has now arrived on the verge of a still higher stage in its unfoldment, which is to be known as the Cosmic Age. Countless humans are not yet ready for this transition. These still belong to the materialistic ages, but one or two out of a thousand are ready for it. These are the seekers who feel the awakening of their own genius in them. These are the Cosmically Minded ones whose intuitions and inspirations transcend their senses. These are the ones in whom God-awareness is awakening, and with that awakening is a sense of universality and oneness with God and man.

Just as Cosmic Consciousness is slowly seeping into man's spiritual awareness, so is extrasensory perception creeping into his thinking and thus extending his electrical awareness. As these two attributes multiply their extensions in our students, through a gradual growth in their perceptions, their intuition multiplies with it until the great Mind miracle of CREATIVE INSPIRATION comes to them to lift them entirely out of the physical world into the high heavens of ecstasy which is the MIND state of KNOWING from which the physical
state of thought and action springs. Such heights can be reached only through the steps outlined above, and these steps can be taken only in the measure of new knowledge attained. When our students arrive at that high point they then know the glory of the CREATOR, for they then are CO-CREATOR with the ONE MIND of the universe, and they know the ecstasy of creation.

In the above words we have told you HOW and WHY our eager, awakened students have transformed themselves. We, ourselves, do not transform by the knowledge we give. You transform yourselves through your desire for transformation. No one can teach another except through the power of loving desire in the teacher to re-inspire another with his inspiration.

This unfolding age has brought into the world a command from your Father and ours to uplift the human race through the new knowledge contained in our message. There is a great need for new knowledge in the world of today. Proof of that fact lies in the questions people constantly ask, questions to which everyone wants to know the answers.

Questions Most Frequently Asked of Us

What is meant by personality?
How can I develop it?
What happens to me when I die?
Do I come back as the same person?
What is God?
What is my Soul? What is my Mind?
How do I think, and what is thinking?
Can I increase my power to think?
What relation is electricity to thinking and to matter?
What is matter? How is matter constructed?
And what is gravitation?

What relation is matter to space, or are there two kinds of matter? What relation to gravitation is radiation?

What do you mean by saying: “This is a thought-wave universe -- an electric wave universe and a sexed electric universe”?
Why am I here?
How can I become great in my profession?
How can I climb out of the assembly line and rise to the top in our factory?
How can I overcome my inferiority complex which keeps me there, and gain confidence in myself?
Why are some men geniuses and others not?
How can I apply the laws you teach to my personal life to keep friendship; to cultivate charm of manner; to attract love and to make people want to know me?

How can I extend my powers to others?
What is the principle behind meditation and prayer?
What is the meaning of power of Mind over matter and can I use the power of Mind to heal myself or others?
Why is there so much misery in the world, and so many wars, if God is all good and all powerful?
How can I maintain positive attitudes of thought and prevent negative attitudes from creeping in?

Your Keys to Knowledge

God’s Natural Science is utterly simple. Underlying it is a simple key to all Creation which is exemplified in all your actions and all phenomena of motion.

The scientific world has been searching for that elusive key for decades and expects that if it is ever found it will be in the form of a complex mathematical formula that only a few among the savants can understand it. It is indeed not only simple but so familiar that it has been overlooked. We are now giving it to the world in our HOME STUDY COURSE. So simply have we explained the fundamental workings of Creation in this course that a ten-year-old child should be able to understand them.

The study course begins with a scientific explanation of meditation, or communion with God, and is followed by a scientific explanation of prayer. Also included is a scientific explanation of Cosmic Consciousness and that rarest of all human experiences know as THE ILLUMINATION.

Meditation

Meditation is the most important function of human existence. It is the least known and the most flagrantly abused. Meditation began with the dawn of Consciousness in man, at which time man began to think. Human progress, nationally and individually, has been measured by the yardstick of meditation. It is the key to the illuminating of your Mind with cosmic knowledge and power. It is the key to all creative expression, all invention and all product of the imagination as expressed in the five fine arts.

The transition from body sensing to Mind knowing, which is now about to take place in the human race, will be the fruit of each man's ability to become aware of his relation to God, of his relation with other men, and of his own omniscience and
omnipotence in respect to manifesting God as co-creator of His universe.

Our study course is for the purpose of aiding you to make that transition. For this reason the teaching of the power to open the door to the Light of your Self, through an understanding of what meditation means, is paramount and begins the course. The Course is for the purpose of making you know the invisible universe in order to manifest your knowing in the visible universe.

Laws of Natural Science

Next in order will be a thorough explanation of the simple underlying key to the principles, processes and laws of Natural Science, by means of which you will find that Nature's creative principles are your creative principles. That still undiscovered key is the great hidden secret which will advance the human race, and each individual in it, more than any other discovery in all time.

The reason why the discovery of the simple underlying principle which lies back of all phenomena is the greatest of all contributions to human advancement is that, for the first time in history, God can be known as a scientific fact, instead of an abstract and debatable assumption.

This will mark the first great step toward the worship of One God, whom all men will know alike. This will give to you, for your advancement, and to science for all human advancement, the WHY of all things.

With this knowledge of CAUSE and purposefulness you can build an intelligent life plan for yourself, and science can build consistent cosmogony for itself to replace the masses of inconsistent hypotheses regarding CAUSE which it now has and cannot fit together.

Present Science

Does Not Know What or Why

Science knows the HOW of many things but not the WHY nor WHAT of any of the universal fundamentals. It does not know WHAT Light is, or electricity, gravitation, radiation, magnetism, energy, or any other of the fundamentals of either the physical or spiritual universe. The most important of all knowledge is the construction of matter. Science not only knows nothing of this subject but declares that the human mind is incapable of comprehending such complexity. This is not true, for it is utterly simple. There is no complexity in nature's processes. There is but simplicity multiplied into seeming complexity. By the time the course is finished, you will have this knowledge.

Cause and Effect

It is only by the knowledge of the underlying key to all actions and reactions between CAUSE and EFFECT that the intellectual world can ever know the real meaning of life and death, birth and rebirth. Through that key alone can one know the mystery of the souls of things, of God's bookkeeping and recording system, and of the universality of all things.

God's illumining made us masters of whatever we desired to do. We are revealing to you that secret of mastership in whatever you desire to do. A secret is something of which you are ignorant. When knowledge reveals that which has been secret, ignorance disappears and the power of knowledge takes its place. That is another definition of what we mean by transforming one's Self. To exemplify:

1. Every intense student of our course can become a consummate PHILOSOPHER because the living philosophy of our teachings gives him wisdom and power to control his destiny.

2. He can be a consummate SCIENTIST because he becomes so thoroughly familiar with God's motivative forces and processes that his knowledge gives him the power to command all matter to obey his will.

3. He can be a consummate DOCTOR and Natural healer, for he knows how God restores balance and normalcy to unbalanced bodies and minds which needlessly fill our hospitals and mental institutions.

4. He can be a consummate LAWYER, for he knows all of Nature's Law of rhythmic balanced interchange from which man builds his principles of justice, symbolized by balanced scales.

5. He can be a consummate LEADER, for his knowledge of Nature's laws and processes gives him command over material forces, and gives him wisdom to command his own destiny, which a leader must have before he can command the destiny of other men.

6. He can become the consummate MATHEMATICIAN, for in his hands he holds the master key to
mathematics which lies in the repetitive sequences of the octave wave of nine tones of the wave spectrum that vibrate between the equilibrium zeros which eternally end his lines to begin them again at one.

7. Or he can become the consummate POET, MUSICIAN, PAINTER, SCULPTOR, ARCHITECT, ENGINEER, INVENTOR and other genius interpreters of Nature’s rhythms and harmonies, that alone lie in the living heartbeat of this universe which is but an infinite multiple of one octave wave.

These also define what we mean by the transformation of the physical man, whose conclusions are drawn from the evidence of his senses, to cosmic man, who knows CAUSE which lies behind the EFFECTS that his senses alone perceive.

Develop Inner Thinking and Creative Expression

While initial study should be done in solitude, families and groups of friends should study this course together and discuss it together, for by such interchange each one helps the other. Children of families should be "reared" upon this new cosmic knowledge. It will make greater men and women of them by developing their inner thinking and creative expression.

Meditative Study

Our advice as to the best method of getting the most out of the Home Study Course is for each one to study each lesson alone by himself, and give much thought to it in meditation before discussing it with others or in groups. If each one in a group has thus given deep and meditative thought to it, a group discussion will help intensify that power of understanding by interchange of matured thought instead of immature thought. Each student should have the complete manuscript for himself so that it is always available whenever he has time to take it up, instead of awaiting his turn for studying it without ever having had sufficient time to "digest" it in meditation. A special certificate will be issued by the University of Science and Philosophy at the end of the full year’s course to all registered students.

With sincere appreciation of your interest, we are

Cordially yours,
Lao and Walter Russell

The Home Study Course

The duration of the HOME STUDY COURSE is ONE YEAR. As it is a perpetual course, enrollment may begin at any time. Four lessons will be mailed about the first week of each month for one year, in twelve units of four lessons. Unit One will be mailed upon receipt of your subscription, which is the beginning of your year’s Course.

The course is illustrated by Dr. Russell, with explanatory diagrams which aid very materially in helping to understand and simplify the text. Home study students have expressed great appreciation for the added clarity which these drawings give to them.

Concerning Questions

During the year many questions are asked and answered in ten of the twelve units. These questions cover a wide range: from business problems to domestic ones; from the mystery of life and death to the movement of planets in their orbits; from frustrations to sex problems; and diverse other questions of every nature.

The purpose of this Course is to equip you with the fundamentals of Natural Law so that you will have the necessary knowledge to answer your own questions and solve your problems.

The cost of the entire one year’s course is $200.00 plus $33.00 postage, or $20.00 upon enrollment plus $20.00 each month for eleven additional months making a total of $240.00 (plus $2.75 postage per month). For those who can pay in full upon enrollment, a discount of $40.00 is therefore allowed.

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"We are what we desire to be. We can be what we wish to be. If we make a plan of our own lives and desire that plan to be fulfilled, we will become that. And all the laws of the universe will help us to become that. Each step in the unfoldment of desire leads to new unfoldment. Desire to be great and you will be. Desire to kill and you can also kill. The universe helps equally in either case. The universe works with each person to help him fulfill his desire, no matter what that desire is. We can make or break ourselves. Our lives are our own making. If we work with the law of balance, we achieve balanced results. If we break the law, the law breaks us to an equal extent — and immediately. Mediocrity is self inflicted; genius is self bestowed."

— The Message of the Divine Riah